

# **Dear Candidate APPI Instructor,**

You have applied for the APPI assistant instructor course or instructor pro-workshop and we thank you very much.

Those workshops have two main goals.

First: share with you the latest knowledge on how to instruct paragliding. You will be introduced to APPI pedagogical tools disseminated by the cosmopolitan pool of APPI master instructors.

Second: prepare you for the APPI instructor final exam by giving you best chances of success.

During the workshops, we have little time and many points to talk about. It is quite intense and demanding. We recommend that you try to be relaxed before the workshop and have a mind free of problems.

With your inscription, you have been provided with a set of documents "pre-workshop documents", we strongly suggest that you carefully review them:

0 Instructor workshops info (this document)

1 instructor pro-workshop description (details of contents)

2 open questions for theory knowledge evaluation

3 instructor routine

4 instructor guiding evaluation grid

5 instructor final exam grid

6 logbook 2.0

7 Unit 1 – Unit 6 summary

# You should fully prepare yourself by taking into consideration the following points:

### Theory:

Refresh your knowledge by studying **theory** books and also the **APPI proworkshop theory contents** . We will not review those theory contents that have already been given in the APPI tandem proworkshop or APPI tandem course. However, during the instructor course you will have to give a theory class that is connected with the practical instruction you give in the field. Thus, it is absolutely necessary to master theses concepts beforehand.

- -Gear, ageing
- -Aerodynamics, flight mechanics, piloting
- -Meteorology, Aerology
- -flying rules, mental, safety etc...

Right after your application is accepted, you will find in your APPI account a theory questionnaire: 100 multiple choice questions about general theory knowledge. Fill it in before the workshop, you have 2 hours to do it. This does not count as an evaluation, it is only a preliminary check to assess the theory level of the group



# **APPI educational system**

Have a close look at the APPI website and specifically go thru the APPI rules, the different qualifications of the APPI educational system, etc... <a href="https://appifly.org/?APPI-Education-System&lang=en">https://appifly.org/?APPI-Education-System&lang=en</a> Also, in the pre-workshop documents, read carefully the 6 APPI logbook 2.0. The APPI teaching process is described in it, from APPI1 beginner to APPI 5 advanced pilot

Right after your application is accepted, you will find in your APPI account an APPI system questionnaire with about 60 multiple choice questions. Fill it in before the workshop. The questionnaire stays open 24 hours after you open it, allowing you to search for answers within the website and the pre-workshop documents.

tip: register now in APPI and pay your membership fees so you access any section.

## Student guiding at take off and landing

This will be thoroughly developed during the course. However having a close look on APPI guiding procedures and training in advance of the course will certainly help.

<u>Safety procedure</u>. APPI promotes a certain procedure that has been proven to minimize the risk in our sport. The document *3 instructor routine* details an example of the whole process. You may adapt it. The non-negotiable points are in bold in the *4 instructor guiding evaluation grid*. The safety check procedures are particularly important and have to be respected.

<u>Approach</u>: you will be evaluated on your ability to guide U shape approach. To guide properly a student it is important to master the approach yourself as a pilot. We strongly recommend that you practice and refresh yourself <u>in flight</u> before the pro course.

Accracy: to be validated as an instructor, it is required to be able to guide a student using the U-shape approach, and land the student pilot into a target (30m diameter) after a long final, featuring a minimum of 4 seconds straight flight.

### glider trim control

Bring your beginner solo glider with line scheme and line length table

If you attended already an APPI tandem workshop, prior to the instructor workshop <u>perform yourself a trim</u> <u>control of your glider using APPI technique</u> (bring the control sheets to the proworkshop) check also the reserve.



# Exams to pass, and documents to provide to validate your level

### -theoretical exam

During the instructor course you will be evaluated on your theory knowledge thru open questions to develop.

You will get 4 to 6 questions about units 1 to 4 of the tandem pro-workshop and tandem course. You are given one hour to prepare utilizing all documentation available. Then you present on the white board. You take the questions in the order you want, you share the time allowed as you want between the question. One page of notes is allowed as well as tools or documents to support your demonstration

#### Evaluation criteria:

knowledge, quality of explanations, use and quality of drawings, stress management, time management.

### Tips:

- -Question lists are given in the course book of the workshop (last page). Find them also in the pre-workshop documents: **2 open questions for theory knowledge evaluation**
- -Do it as if you are explaining to advanced pilots, go to the essential. The goal is to demonstrate your knowledge.
- -Use drawings. Remember, it takes practice to make nice ones.
- -Manage your stress and the time.

Minimum grade for Assistant instructor in progress: 2,5/5 on knowledge

Minimum grade for Assistant instructor: 3/5 on knowledge

Minimum grade for Instructor: 4/5 in general (knowledge+explanations clarity)

- -Have your current First aid certificate.
- -At the end of the course we would be happy to have your feedback. Please fill the **Workshop feedback form** that will be provided to you.

We wish you an excellent and succesfull assistant instructor or instructor workshop! The APPI Education Committee.